

Dual Recovery Anonymous

# Overview

Dual Recovery Anonymous is a 12-Step self-help program for individuals who

experience **both** an addiction and a psychiatric challenge. Adults working

towards wellness are welcome to attend. Massachusetts DRA embraces all

participants striving to achieve an improved sense of emotional wellbeing by

using the 12 Steps.

# Looking for a local in-person DRA meeting?

Come and visit our DRA meeting right here at the Medway Town Library!

Thursdays 6:00 PM -7:00 PM (Story Room)

*For a complete list of over 20 Zoom DRA meetings open to the public visit the*

*Massachusetts Clubhouse Coalition website at: massclubs.org*

**GET INVOLVED!**

For more information please contact Dual Recovery Coordinator:

[Julie Sprenkle PsyD at julie.sprenkle@yahoo.com](mailto:JulieSprenklePsyDatjulie.sprenkle@yahoo.com)