Dual Recovery Anonymous

# Overview

 Dual Recovery Anonymous is a 12-Step self-help program for individuals who

 experience **both** an addiction and a psychiatric challenge. Adults working

 towards wellness are welcome to attend. Massachusetts DRA embraces all

 participants striving to achieve an improved sense of emotional wellbeing by

 using the 12 Steps.

#  Looking for a local in-person DRA meeting?

 Come and visit our DRA meeting right here at the Medway Town Library!

 Thursdays 6:00 PM -7:00 PM (Story Room)

 *For a complete list of over 20 Zoom DRA meetings open to the public visit the*

 *Massachusetts Clubhouse Coalition website at: massclubs.org*

**GET INVOLVED!**

 For more information please contact Dual Recovery Coordinator:

 Julie Sprenkle PsyD at julie.sprenkle@yahoo.com