

MEDWAY COUNCIL ON AGING MEETING APRIL 8, 2014

The Council on Aging held its regular meeting on Tuesday, April 8, 2014. John Wooster and Nanette Glennly had excused absences. Those in attendance included Mary Lou Staples, Chair, Vonnie Clark, Vice Chair, Judy Lane, Secretary, Siri Krishna Khalsa, Mary Anderson, Grace Rossetti, Charlene Saunders, Paul DeSimone and Frank Saunders. Missy Dziczek, Director, Pauline Russo, Outreach Worker and Kathryn Bullock, Craft and Daytrip Director, represented the staff and Therese Kinnane represented the Housing Representatives. Mary Lou opened the meeting at 2:00 p.m.

Vonnie made a motion to accept the secretary's minutes with the correction of Siri Krishna Khalsa's name. Mary seconded the motion. The motion passed.

Missy's treasurer's report stated we have \$36,000.00 + in the budget. There is \$8,350.00 in the state grant and \$5,000.00 in general donations. Some of the state grant will be used to send three people to an Alzheimer's conference later this month. Mary made a motion to accept the treasurer's report. Seconded by Grace. Motion passed.

Missy gave the Director's report. Her conference was wonderful. She gleaned a great deal of new information in San Diego. The new Aging Mastery Program has been successfully launched by Pauline and Nurse Linda. Feedback from participants has been very positive. Medway is one of only fourteen senior centers in the country to be implementing this program. Missy spoke with Beth Dowdell about cleaning the Center. Her estimate was considerably higher than what we are currently paying. Missy will speak to the current cleaner about the concerns of Council members. Some concerns are out of the custodian's hands.

Pauline's Outreach report included her continuing processing of SMOC applications until May 15th. An Alzheimer's Association program about memory loss, dementia and Alzheimer's disease was presented to more than twenty people on March 27th. Charlene Tingley, Kate and Pauline were trained as facilitators for a Dementia support group that will meet monthly starting on April 17th on the 3rd Thursday of the month. The Aging Mastery Program funded by the National Council on Aging is designed to inform, encourage and support older adults as they begin to improve their health. There will be eight sessions of this program. There are twenty eight participants in the group – fourteen from Medway and fourteen from Franklin.

Kathy Bullock reported her craft group is growing. The projects for February and March included a penny rug and the final installment of the "Welcome" banner door-hangings. The winter trips were to the Rhode Island Flower Show and to the Venus de Milo in Swansea to see Ronan Tynan, one of the Irish tenors. The spring and summer trips are filling up quickly.

Paul reported he has met with Jeff Roy and others about Camp Sunshine. A tent seems to be the solution for now. He asked about the new dish washer. It has not arrived yet.

Therese reported that all is well at Lovering Heights. We are seeking reps from Kenney Drive.

Vonnie made a motion to adjourn. Seconded by Grace. The motion passed. Meeting adjourned at 2:35.

Respectfully submitted,

Judith L. Lane, Secretary

MEDWAY COUNCIL ON AGING MEETING MAY 13, 2014

The Council on Aging held its regular meeting on May 13, 2014. John Wooster and Therese Kinnane had excused absences. Those in attendance included Mary Lou Staples, Chair, Vonnie Clark, Vice Chair, Judy Lane, Secretary, Siri Krishna Khalsa, Mary Anderson, Nanette Glenn, Grace Rossetti, Charlene Saunders, Paul DeSimone, and Frank Saunders. Missy Dziczek, Director of the Senior Center represented the staff. Mary Lou opened the meeting at 2:00p.m.

Mary Anderson made a motion to accept the Secretary's report; Grace seconded the motion which passed.

Mary Lou asked for volunteers to be on the nominating committee. Grace, Charlene and Mary will set up a slate of officers for next month.

Missy's treasurer's report stated we have \$16,100+ in the budget. There is more than \$1750 in the state grant and \$4900 in general donations. Paul made a motion to accept the treasurer's report. Mary seconded. The motion passed.

Missy gave the Director's report. The Town Meeting passed a budget for the Council on Aging for \$137,860. This includes money for the new dishwasher. Grace will be on the committee to choose an industrial grade dishwasher which must contain a high temperature sanitary cycle. Freddy has been cleaning the Center an additional day each week. The place is looking much better. There are now volunteers on tax work off manning the main office Tuesday, Wednesday, and Thursday afternoons. This has been most helpful. Mary Lou questioned the use of the Center on Sunday by people viewing sports' events at the field. According to Missy the knitters check the building and make sure everything is secured before they leave on Sundays. Volunteers from Liberty Mutual Insurance Company planted flowers and cleaned up the outside of the Center. They did a terrific job. Vonnie made a motion to accept the Director's report. Grace seconded the motion. It passed.

Paul reported that the Camp Sunshine Committee met Monday with Glenn Trindade, Jeff Roy and John Fernandes. Our State Reps will provide the money to put up a tent or building in a location to be decided by the engineers. Paul doesn't know the cost. Camp Sunshine might be held at the Senior Center this year but should be moved by next year to its own location somewhere on the Senior Center Grounds.

Vonnie made a motion to conclude the meeting. Nanette seconded the motion; which passed. Mary Lou closed the meeting at 2:30 p.m.

Respectfully submitted,

A handwritten signature in cursive script that reads "Judith L. Lane".

Judith L. Lane, Secretary

MEDWAY COUNCIL ON AGING MEETING JUNE 10, 2014

The Council on Aging held its regular meeting on June 10, 2014. Grace Rossetti and Therese Kinnane had excused absences. Those in attendance included Mary Staples, Chair, Vonnie Clark, Vice Chair, Judy Lane, Secretary, Siri Krishna Khalsa, Mary Anderson, Nanette Glenny, Charlene Saunders, John Wooster, Paul De Simone, and Frank Saunders. Staff members present were Missy Dziczek, Director of the Center and Pauline Russo, Outreach Worker. Janice a member of the Friends of Elders also attended the meeting. Mary Lou opened the meeting at 2:00 p.m.

Frank Saunders made a motion to accept the Secretary's report. Vonnie seconded the motion which passed.

Missy's Treasurer's report stated we began the month with \$9,900+. There is \$1,578 in the state grant and \$4900 in general donations. Vonnie made a motion to accept the Treasurer's report, Frank seconded the motion. It passed.

Missy gave her Director's report. Toward expanding the number of people using the Senior Center and the programs offered, Missy and Janice are planning an Open House in the fall. It may be held on a Saturday in October. It is the end of the fiscal year and we will have spent all the funds allocated to us by June 30th. The Aging Mastery Program run by Pauline and nurse, Linda has concluded. It was a huge success. It will be offered again in the fall. John made a motion to accept the report; Vonnie seconded it. The motion passed,

Pauline gave the Outreach Report. The fuel assistance program, SMOC ended for the year on May 15th. It was very active until the last minute. On July 31st, Pauline and a group of volunteers will be having a birthday party for residents ninety years old and older. Fifty eight invitations will be mailed later this month. Each invitee will be able to bring a guest. Last year's party was wonderful. Home visits and referrals continue on an as needed basis. The Aging Mastery Program was successful and will be offered again in the fall. The Alzheimer's' Support Group held during the evening of the third Thursday of the month will probably increase in size as people become more aware of its existence. One in nine people will develop Alzheimer's disease.

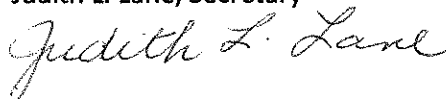
The nominating committee presented a slate of officers: Mary Lou Staples, Chair, Vonnie Clark, Vice Chair, and Judy Lane, Secretary. Mary Lou asked if there were any nominations from the floor. There were not. Mary made a motion to accept the slate of officers; Nanette seconded. The slate was accepted.

Glenn Trindade and Barbara Ohanian are working out the logistics for Camp Sunshine.

Frank made a motion to adjourn the meeting which Vonnie seconded; Mary Lou closed the meeting at 2:30.

Respectfully submitted,

Judith L. Lane, Secretary



MEDWAY COUNCIL ON AGING MEETING SEPTEMBER 2, 2014

The Council on Aging held its meeting on September 2, 2014. It was rescheduled because the Massachusetts State Primary is scheduled for our regular meeting day. Nanette Glenn and Grace Rossetti had excused absences. Those in attendance included Mary Lou Staples, Chair, Vonnie Clark, Vice Chair, Judy Lane, Secretary, Siri Krishna, Khalsa, Mary Anderson, Charlene Saunders, Frank Saunders, John Wooster and Paul DeSimone. Missy Diczek, Director of the Center and Kathryn Bullock, Craft and Daytrips Director represented the Staff. Therese Kinnane and Paul DeSimone were our Housing Representative s. Mary Lou opened the meeting at 2:00 p.m.

Vonnie made a motion to accept the Secretary's report; John seconded the motion which passed.

Missy's Treasurer's report stated we had \$136,000⁺ in July There is currently \$119,00+ in the budget account, \$16,000+ in the state grant and \$5,000+ in the general donations account. John motioned that we accept the report, Frank seconded it. The motion passed.

Missy's Director's report included the following information: the Center will be getting an electronic key installed next month (Currently the door is set to lock automatically when there are evening meetings scheduled.) We received a quote on the new dishwasher from Hobart. The dishwasher will be installed within a few months. Fifteen people have already signed up for the Aging Mastery Program. September will be away on vacation. Vonnie motioned to accept the report; Judy seconded. The motion passed.

Kathy's ladies had a very busy summer despite their move to the Bingo room. They did lovely watercolors of the Boston Swan Boats, made patriotic fabric yo-yo pillows shaped like a flag, created Christmas in July snowman candle mats. There were a plethora of trips including : one to the Pawtucket Red Sox, one to "Menopause the Musical", a New York City trip and a trip to Revere Beach to see the Sand Sculpting Festival. August saw trips to the Fuller Craft Museum in Brockton , the Gloucester/ Rockport lobster bake and shopping in the rain trip, and a bus tour Halibut Point State Reservation for those who did not wish to shop . Kathy's list of Winter trips is currently available and filling quickly.

Therese reports all is quiet at Lovering Heights.

Paul stated the "pot luck" suppers at Mahan Circle are great. Wednesday nights is now designated as Movie Night.

The site for the new Camp Sunshine/Soccer has been selected. The actual building will commence at the beginning of next year.

Siri Krishna reminded the Council that our November meeting conflicted with Election Day and Veterans' Day. Judy made a motion to cancel November's meeting. Vonnie seconded the motion. It passed.

Mary Anderson noted that the American Flag needs to be cleaned or replaced. She reported people are unhappy with the arrangement of kitchen appliances. This will be investigated more thoroughly at a later date.

Vonnie made a motion to adjourn the meeting John seconded the motion. It passed. Mary Lou closed the meeting at 2:30 p.m.

Respectfully submitted

A handwritten signature in cursive script that reads "Judith L. Lane". The signature is written in black ink and is positioned below the phrase "Respectfully submitted".

Judith L. Lane,, Secretary

MEDWAY COUNCIL ON AGING MEETING OCTOBER 14, 2014

Vonnie opened the regular meeting at 2:00p.m. Mary Lou Staples and Frank Saunders had excused absences. Those in attendance included Vonnie Clark, Vice Chairman, Judy Lane, Secretary, Grace Rossetti, Mary Anderson, Nanette Glenny, Siri Krishna Khalsa, Charlene Saunders, John Wooster and Paul DeSimone. Staff members present were Missy Dziczek, Director of the Center and Pauline Russo, Outreach Worker. Therese Kinnane and Grace Rossetti were our Housing Representatives.

Mary made a motion to accept the secretary's report. Grace seconded and the report was accepted.

Missy gave her Director's report. She is planning a Spring Open House and Wellness Fair. The Aging Mastery Program is going well. There are twenty-three participants in the group. She started brain.E.ology last week. She also attended the Massachusetts Council on Aging Conference in Falmouth where she participated in a "My Senior Center" program. The cards we use to punch into the Center can be used in a variety of ways including providing a data base. Missy will be actively investigating these uses. Judy made a motion to accept Missy's report. Charlene seconded the motion. It passed.

Missy's Treasurer's report stated we began the month with \$106,000+ in the budget account. We spent \$875 from the State Grant and have \$5,000+ in general donations. Charlene motioned that we accept the report. Grace seconded the motion, which passed.

Pauline reported that the Aging Mastery Program began on September 16th and will run for eight weeks. On July 31st, we celebrated a successful 90's birthday party. More than eighty people were invited. Several volunteers contributed to the success of the event. The Dementia Caregivers' Support Group which is trying to recruit more participants continues to meet the 3rd Thursday of the month. The Alzheimers' Association will be presenting "Conversations About Dementia: Tips to Help with Family Conversations" on November 6th at the Center from 6:00-7:30 p.m. Reapplications for fuel assistance started last month. The new season will begin on October 24th for new applications. Fuel Assistance requires more documentation than in the past. Home visits and referrals for services continue on an as needed basis.

Paul reported that money has been put aside for Camp Sunshine. Plans have not yet been drawn.

Therese reports that all is well at Lovering Heights. Grace reports that all is well at Mahan Circle.

John made a motion to adjourn the meeting which Charlene seconded. Vonnie closed the meeting at 2:20 p.m.

Respectfully submitted,

A handwritten signature in cursive script that reads "Judith L. Lane".

Judith L. Lane, Secretary

MEDWAY COUNCIL ON AGING MEETING DECEMBER 9, 2014

Mary Lou opened the meeting at 2:00 p.m. John Wooster, Vonnice Clark, Nanette Glenney, Charlene Saunders, and Therese Kinnane had excused absences. Mary Anderson was absent. Mary Lou Staples, Chairman, Judy Lane, Secretary, Grace Rossetti, Siri Krishna Khalsa, Paul DeSimone and Frank Saunders were present. Staff members present were Missy Dziczek, Director of the Center and Kathryn Bullock, Craft & Daytrips Director.

Grace made a motion to accept the secretary's report. Frank seconded the motion which passed.

Missy gave her Director's report. The Monday lunches have been cancelled starting this week. Lunches will continue to be held on Wednesday. Missy would like to hire a twenty hour a week kitchen worker. Hopefully we can hire a retired kitchen worker or someone who has had experience working in a commercial kitchen. The Friends of Elders group has received a \$1000 grant. They would like to use this grant toward having the Liturgical Publishers print our newsletter. The newsletters would be free to members of the Center because the publication group has paid advertisers. When Missy began working in Medway all residents sixty and older received courtesy copies of the Newsletter. If the change of publishers is made perhaps citizens seventy and over will receive free copies. People can become E subscribers to the Newsletter by going on to the town website. The Center will be closed from December 24, 2014 until January 6, 2015 for activities that include instructions. Missy's computer crashed. She is still reconstructing what was on the machine.

Missy's treasurer's report stated we have \$86,000+ in the budget account, the state grant contains \$9,000+ and there is \$5,000+ in the general donations. Paul made a motion to accept Missy's reports. Frank seconded the motion, It passed.

Kathy's craft group continues to increase in size. The group has been working on hand-sewn tote bags. Some have also made Christmas cards. They have also made holiday favors for the Meals on Wheels. She has planned many well attended Fall trips. In September there were trips to the Sandwich Glass Museum and a trip down the Cape Cod Canal by boat; the next week a group visited the Makepeace Cranberry Bogs and spent time in Plymouth. October saw participants travelling to Meredith New Hampshire on a foliage trip, train ride luncheon, and shopping in Center Harbor, N.H. The group also visited the Wayside Inn in Sudbury in October. In November, Kathy led her group on a tour of the Museum of World War II in Natick, MA. She is currently planning trips for February and March of 2015.

Grace and Paul report all is well at Mahan Circle.

Judy made a motion to close the meeting, Grace seconded it. Mary Lou closed the meeting at 2:20.

Respectfully submitted,

A handwritten signature in cursive script that reads "Judith L. Lane".

Judith L. Lane, Secretary